

FOR IMMEDIATE RELEASE

"Renew You" Spirit Soul & Body

Women's Health & Wellness Weekend



March 10, 2008

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**Interfaith Partnership/ Faith Beyond Walls,
Celebrates National Women's Health Week with
*"RENEW YOU" SPIRIT, SOUL & BODY WOMEN'S HEALTH & WELLNESS WEEKEND***

St. Louis, MO – Interfaith Partnership/Faith Beyond Walls is joining the U.S. Department of Health and Human Services' Office on Women's Health to celebrate National Women's Health Week. National Women's Health Week is a nationwide initiative that calls attention to the importance of women's health issues. From Friday May 16th through Sunday May 18th Interfaith Partnership/ Faith Beyond Walls will hold a weekend-long wellness event at the Roberts Mayfair Hotel & Banquet Center for women in the St. Louis Metropolitan community.

The "*Renew You: Spirit, Soul and Body*" *Women's Health & Wellness Weekend* is a weekend-long event developed to raise awareness about women's health issues; educate women about simple steps they can take for a longer, healthier and happier lives; and provide services to women that will renew and refresh the spirit, soul and body.

During the course of the weekend, local health organizations and businesses will provide practical guidance to help women embrace their purpose and create a balance between their spirit, soul and body. Participants will leave with a renewed sense of hope after experiencing three days of inspirational music, personal care, health and wellness services, and hearing powerful motivational speakers.

National Women's Health Week is important because it encourages women to make their health and wellbeing priority. Often women are the caregivers for their families and their communities yet forget to take care of themselves. In recognition of National Women's Health Week we remind women need to visit the doctor, make sure their screenings are up-to-date and just take a minute to think about their spirit, soul and body.

National Women's Health Week kicks off on Mother's Day, May 11th and will be celebrated in the St. Louis Metropolitan region until May 18th with weekend culminating activities. National Women's Check-Up Day, a day where women across the country are urged to visit their doctor will be held on May 12th.

For more information about National Women's Health Week please visit www.womenshealth.gov/whw.

To learn more about "*Renew You: Spirit, Soul and Body*" *Women's Health & Wellness Weekend* in St. Louis, please visit www.renewyouweekend.org.

INTERFAITH PARTNERSHIP/FAITH BEYOND WALLS

Presents

**"Renew You: Spirit, Soul & Body"
Women's Wellness Weekend**

Friday, May 16th – Sunday, May 18th 2008

Roberts Mayfair Hotel

806 St. Charles Street St. Louis, MO 63101

RESERVATION FORM

_____ **Weekend Ticket(s) @ \$100 each** _____ **Per Day @ \$40 each**

(Tickets to be held at the door)

I cannot attend, but I will make a donation of \$ _____ to support the continued programming of Abraham's Children.

My/Our check is enclosed

Please charge, Amount: \$ _____

Check One: **MasterCard** **Visa** **American Express**

Account No: _____ **Code** _____ **Expiration Date:** _____

Signature _____

MAKE CHECKS PAYABLE TO:

INTERFAITH PARTNERSHIP/FAITH BEYOND WALLS

Renew You: Spirit, Soul & Body
c/o *Renew You* Weekend

All contributions are tax deductible.

To Charge by Phone or for additional information
Call (314) 531-4787 or RETURN FORM TO:
Interfaith Partnership/Faith Beyond Walls

Attn: Renew You Weekend

4144 Lindell Blvd., Suite 221, St. Louis, MO 63108

Fax: (314) -531-4785

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